

Some helpful tips for using public transport...

Remember, always check the timetable prior to leaving, either by calling the appropriate transport company or checking with the transport information line on 131500 or on the internet www.131500.com.au.

Plan your journey before leaving, and if you have a wheelchair or mobility aid, phone the bus company to ensure they have a wheelchair accessible bus at the time you need to travel.

If you need mobility assistance when using the rail service, you should phone City Rail prior to your journey to check availability, as some stations are not staffed.

If you are purchasing a Regional Excursion Daily or Pensioner Excursion Ticket ensure you have your pensioner card, senior card or concession card with you.

The Shoalhaven Transport Guide website links you to available bus, rail, taxi and community transport services in your local region visit: www.shoalhaventransportguide.com.au

This service is provided by:
Shoalhaven Community Transport
PO Box 672, Nowra NSW 2541
Phone: (02) 4423 6044 – Fax: (02) 44236394
Email: admin@scts.org.au
Website: www.scts.org.au

We cover the whole Shoalhaven



Travel Training Service Shoalhaven



The Travel Training Program is designed to teach people how to confidently use the public transport network.

About the Travel Training Service.

The Travel Training Service aims to help you become more independent in the community. It's about helping you, by providing advice and planning skills, so that you feel confident when you travel. Maybe you just need help understanding Bus or Train timetables or maybe you need someone to travel with you a few times to help you feel confident travelling on your own. The amount of assistance you receive is dependent on your individual needs.



What forms of Transport can we help you with?

You may want to travel on a Train, Bus, Complimentary Club bus, maybe ride a bike or walk, but are unsure of the route to take or what transportation is available.

Travel Training can assist individuals or groups to identify what transport is available in your area and teach you how to plan a safe and successful journey.



Where can you go?

You can use Public Transport to get to many places. You may want to go shopping in your local area, visit a friend or family member, see a movie, get to a medical centre or travel to another town or to the city.

What does it cost?

Travel Training is a **free** service for eligible clients. You may be eligible for up to 5 sessions with a Travel Educator, which can be organised to meet individual needs.

Who is eligible?

People need to be over 18 years of age and meet one or more of the following criteria:

- Frail aged
- Transport disadvantaged
- Person with a disability

If you are unsure if you meet these requirements, please phone and speak to our Travel Training Educator. Referrals can be accepted over the phone, mail, email, or faxed, and you can refer yourself or someone you know, with their permission. Please ring (02) 4423 6044 or visit the Shoalhaven Community Transport website www.scts.org.au for more information or to download a referral form.

If you have any questions, phone Shoalhaven Community Transport and our Travel Training Educator will be able to assist with information about the Travel Training Service.

This service is provided by:

SHOALHAVEN
COMMUNITY TRANSPORT
SERVICE



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED